

Meeting your MP

Preparation is key

- Researching your MP's background and professional interests is crucial to help inform how you should approach the meeting. Check your MP's background and voting record on [TheyWorkForYou](#) and search for their contributions in Parliament using [Hansard](#). You could also prepare by thinking of a 'hook' that links your constituency with our issue areas.
- MPs will usually be in Parliament from Monday to Thursday and it's likely they'll have a 'surgery' (regular meetings with constituents) on a Friday or over the weekend, so be sure to call for an appointment and ask how long the meeting will last.
- You can visit your MP with support from others in your group, even if they are from different constituencies.
- Prepare an agenda and share roles like time keeping and note taking.

Things to consider during the meeting

- Remember, it's a discussion! Introduce yourself properly and ask questions.
- Your MP will probably be meeting with lots of constituents every day – make the meeting more memorable by sharing your personal reasons for advocating to end poverty.
- Take a photo for tagging them in on Twitter later or write to your local media to amplify the meeting you just had. [Here's a great example.](#)
- There is more advice on our ['How to hold a successful meeting with your MP'](#) guide.

Follow-up and Feedback

- Send a thank you email to the MP and any staff members who attended or helped you arrange the meeting.
- Follow up with a prompt if the MP agreed to take action.
- Ask your Group Leaders to report back to us on who has met with which MP how did it went. You can use our [feedback form](#) as a template or email Dela on delanderson@results.org.uk
- Make sure your Group Leader knows who the new or re-elected MP is, so they can pass on the most up-to-date information to our team.

Key asks for your MP

All MPs:

- Tell them about the issues RESULTS will be working on in 2020 and why these are important to you personally and for our goal of ending poverty. These will be: 1. Vaccinations for all; 2 Nutrition for Growth; and 3. Education and climate change. There is more information in this month's Action Sheet.
- Ask your MP what their thoughts are on the issues, and what they think can be done about them. They might have ideas on how to share your concerns about ending poverty with others.

If your MP is...

... **receptive to our issues**: Ask them to take action on immunisation, as the Gavi pledging moment is coming up in June. Ask them to write to the new Secretary of State for International Development who will have been appointed as the new Government is formed post-General Election. Tell them why you think every child should receive life-saving vaccines and ask them to ask the UK Government to support Gavi financially as outlined in the [November action materials](#).

... **not supportive on our issues**: Ask them to write to the Minister about Gavi anyway! MPs are expected to relay their constituents' concerns on request. You might not agree on everything, but at the very least you can let your MP know what they can expect you to be campaigning on in 2020 and give them a heads up that you'll be in touch to ask them to take actions throughout the year. You could leave them with some further information, for example a copy of our [Health for All booklet](#) or [Brick by Brick report](#) (let us know if you need a copy of either).

... **particularly supportive on our issues**: Ask them to write to the Secretary of State as above and increase their support by joining a relevant All-Party Parliamentary Group. RESULTS provides a secretariat for the [APPG on Global Education](#), the [APPG on Vaccinations for All](#), the APPG on [Nutrition for Growth](#) and the [APPG on Global Tuberculosis](#). This means that RESULTS UK staff support the group to set up events, meetings with Ministers, ask questions and write letters. The groups will all be holding their Annual General Meetings in January, so you can ask them to attend. Don't forget to check if they were already a member during the last Parliament when you're doing your pre-meeting research!